WHAT IS CLAIMED IS:

A medical adhesive tape or sheet comprising a supporting substrate and an adhesive layer directly or indirectly laminated thereon, wherein said supporting substrate comprises a composition which comprises 100 parts by weight of a thermoplastic resin and 10 to 200 parts by weight of a silicic acid compound.

- 2. The medical adhesive tape or sheet as claimed in claim 1, wherein said silicic acid compound is at least one selected from the group consisting of zeolite, talc and silica.
- 3. The medical adhesive tape or sheet as claimed in claim 1, wherein said thermoplastic resin is at least one member selected from the group consisting of a polypropylene resin, a blend of a polypropylene resin and an elastomer, and a copolymer of a polypropylene resin and an elastomer.
- 4. The medical adhesive tape or sheet as claimed in claim 3, wherein the polypropylene resin, or the copolymer of a polypropylene resin and an elastomer is amorphous or low crystalline.
- 5. The medical adhesive tape or sheet as claimed in claim 4, wherein the amorphous or low crystalline polyolefin resin is present in an amount of 30 to 100% by weight based on the total weight of film-forming materials for a supporting substrate.
 - 6. The medical adhesive tape or sheet as claimed in claim

1, wherein said supporting substrate further comprises a resin modifier.

- 7. The medical adhesive tape or sheet as claimed in claim 6, wherein the resin medifier is present in an amount of 0.1 to 40% by weight based on the total weight of the film-forming resin composition.
- The medical adhesive tape or sheet as claimed in claim 6, wherein said resin modifier is at least one selected from the group consisting of a hydrogenated product of styrene-butadiene copolymer or its maleic acid-modified product, polystyrenepolyethylene butylen e-crystalline polyolefin, crystalline polyolefin-polyethy/enebutylene-crystalline polyolefin, ethylene-ethyl acrylate copolymer, ethylene-acrylic acid ester-maleic anhydride copolymer, ethylene-methacrylic acid glycidyl ester copolymer, maleic anhydride graft polypropylene, maleic anhydride draft ethylene-polypropylene copolymer, acrylic acid graft polypropylene, ethylene-vinyl acetate copolymer, ethylene-vinyl a ϕ etate/ethylene-propylene-diene/polyolefin graft copolymer, metal salts of ethylene-methacrylic acid copolymer and chlorinated paraffin.
- 9. The medical adhesive tape or sheet as claimed in claim 1, wherein said supporting substrate has a stress relaxation ratio of 60% or less.
 - 10. A first-aid adhesive tape comprising the medical

adhesive tape or sheet as claimed in claim 1, and an absorbent pad provided at a central region on a surface of the adhesive layer thereof.